

CAL STATE NORTHRIDGE

2014 ALL COMERS TRACK SCHEDULE

DATES: January 11, January 25, February 1, February 22,
March 8- KIDS DAY!

TIME: Running 11:15 AM - Field 8:30 North Campus
Weight Throw Hammer Throw to follow

DIVISIONS: Open - College, Club and Unattached
Novice - High School, Junior High and Age Group
Masters - 35 years and older

ADMISSION: \$5.00 for spectators –Gates to track open at 9:45AM
\$5.00 to compete (unlimited # of events)
\$3.00 Children 12 and under

MEET SITE: Cal State Northridge – 9 lane, Tartan all weather surface.
New Entrance –West track gate. Hammer, weight throw- North Campus

PARKING: \$6.00 FEE, INCLUDING SATURDAYS & SUNDAYS
Parking lot E6, on Halsted, near Lassen.

NOTE:
Hammer- North
Campus is
located -North of
Lassen- west of
Zelzah –Near
Fullerfarm Street

SPIKE LENGTH ¼'
NEEDLE OR PYRAMID
NO CHRISTMAS TREE SPIKES

NO AWARDS: Officials will time all places. Hand times will be used for races.

EVENT SCHEDULE

11:15	300 M hurdles 36"	9:30	Weight throw North Campus
11:25	300 M hurdles 30"	10:00	Hammer throw North Campus
11:30	300 M Dash	10:30	Javelin – novice & open
11:45	4 x 100 Relay	10:45	Pole vault - bar starts at 7'
12:00	800 M - open & novice	11:30	Long Jump - open & novice
12:20	600 M Dash	12:30	High jump- bar starts at 4'0
12:25	60 M	12:00	Shot put - open & novice
12:55	Mile	1:00	Triple Jump—Open & novice
1:25	400 M	1:15	Discus
1:50	60MH / 60 HH		
2:20	200 M		
2:45	2 Mile - open & novice		
3:00	4 x 220 relay		
3:10	4 x 400 relay		

The time schedule will be followed as closely as possible. After the first events, however, the exact starting times may vary according to the number of event entries.

PLEASE NOTE: PARK IN LOT E6, ON HALSTED
NEAR LINDLEY
Entrance to track from Lindley

2014 UPCOMING HOME EVENTS !!!

January 11	All Comers
January 25	All Comers
February 1	All Comers
February 22	All Comers
March 8	All Comers/* KIDS DAY!! -All REGULAR EVENTS HELD THESE DATES
March 20-21	Northridge Multi- Events

For information call (818) 677-2228 / fax (818) 677-2661

Revised 12/12/13